



ARION Therapeutic Riding Association

## Behavior Intervention

Arion Therapeutic Farm provides a behaviour interventionist program for individuals with physical, social and mental challenges. Our program offers a unique blend of coaching, positive behavioural change theory with a focus on practical life skills. Examples of our intervention programs include social skills coaching, community integration, and life skills experience. Each intervention plan is individualized; accommodating the individual's interests, needs and challenges.

Our behaviour interventionists have the unique qualifications of special education experience and multi-sensory language and math education. This allows our staff to develop individualized creative intervention programs with the flexibility of adding language and math educational skills when needed. We enjoy clients of all ages; our specialty being individuals with disabilities, learning and/ or behavioural challenges.

### Philosophy:

Our gift to each student is to strive for independence; in every form possible. Through behavioural intervention, each individual will grow and develop socially, emotionally and physically. This growth will be developed through positive experiences creating fond memories and increased self-esteem.

### Guiding Principles:

1. All behavioural intervention plans are individually created in coordination with the family and individual.
2. Emphasis is placed on practical life skills as these skills usually equate to the level of independence achieved.
3. The interventions will be planned around the student's areas of interest, engagement and enjoyment of the sessions.
4. To learn through discovery; using multi-sensory learning wherever possible.
5. Emphasis is placed on the review of previous knowledge to build on new knowledge and retain this information in the long term memory.
6. Interventions will include farm animals in whatever capacity interests the person.