



ARION Therapeutic Farm



Our Mission is to give people the opportunity to learn without boundaries and expand their physical and mental abilities through the healing powers of animals and the serenity of nature.



THE SILVER SADDLE CLUB

This exciting program is available to Seniors living independently or in supported homes. A group outing at Arion would include:

- Horse grooming, assisted leading & riding (if able)
- Farm craft activity
- Farm animal interactions
- Social time at our picnic area or indoors in our Clubhouse for tea during the winter

Seniors will love the peace and serenity of the farm. They will experience numerous benefits such as:

- Enhancing memory skills through grooming tool identification, animal names etc
- Physical movement, motor ability & exercise through grooming & leading
- Therapeutic riding helps with chronic pain management, increased mobility and circulation.
- Communication skills - interacting with other students, children, staff, volunteers and of course animals
- Develop relationships/bonds through weekly visits
- Empowerment & independence
- Healthy outdoor environment YEAR ROUND!



We can cater to the various physical and emotional needs of each client. Fees start at \$10 per person per visit depending on the activities and length of time spent at the farm. We are accepting bookings for weekday mornings for the Fall Session. Groups are encouraged to register for two months with weekly visits to truly experience progression and full benefit of the program.

Contact Heather Henderson, Program Director at heather-arionfarm@shaw.ca.

Ailities...**R**ecreation...**I**ndependence...**O**pportunities...**N**ew Beginnings